



G·O·L·D·E·N  
BOUGH

## Nutrition Facts

### PRODUCT DESCRIPTION

Product Name	Holy Basil - Tulsi basilic sacré
Botanical Name	<i>Ocimum Sanctum</i>
Item No	38

Nutrition Facts				Valeur nutritive			
Per 1/8 cup (10 g)				Par 1/8 Coupe (10 g)			
Amount	% Daily Value			Teneur	% Valeur quotidienne		
Calories	23			Calories	23		
Fat	0.41 g	1%		Lipides	0,41 g	1%	
Saturated	0.216 g	1%		saturés	0,216 g	1%	
+ Trans	0 g			+ trans	0 g		
Cholesterol	0 mg	0%		Cholestérol	0 mg	0%	
Sodium	8 mg	<1%		Sodium	8 mg	<1%	
Carbohydrate	4.78 g	2%		Glucides	4,78 g	2%	
Fibre	3.8 g	15%		Fibres	3,8 g	15%	
Sugars	0.17 g			Sucres	0,17 g		
Protein	2.3 g			Protéines	2,3 g		
Vitamine A	2%	Phosphorus	2%	Vitamine A	2%	Phosphorus	2%
Vitamine C	<1%	Calcium	20%	Vitamine C	<1%	Calcium	20%
Vitamine E	11%	Magnesium	28%	Vitamine E	11%	Magnésium	28%
Vitamin K	214%	Zinc	8%	Vitamine K	214%	Zinc	8%
Thiamin	1%	Sodium	<1%	Thiamine	1%	Sodium	<1%
Riboflavin	8%	Potassium	8%	Riboflavine	8%	Potassium	8%
Niacin	2%			Niacine	2%		
Vitamin B6	7%			Vitamine B6	7%		
Folate	14%			Folate	14%		
Iron	64%			Le fer	64%		

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